

The 11th Annual Umeå University

Petite Nobel Day

December 10, 2026

Program		
09.00-09.10	**Opening**	*Moderator: Klas-Göran Sahlén*
09.10-09.55	**Oral Presentations**	
	Co-Creating Solutions for Better Healthcare System Navigation: Exploring Experiences, Challenges, and Opportunities for Improvement	Anna Larsson Gerdin
	Facilitating Local Actors and Local Action (LALA) for community sustainability: insights from a rural municipality in northern Sweden	Albert Brunet Johansson
	Psychological distress and health-related quality of life after spontaneous coronary artery dissection – a matched, comparative cross-sectional study	Peter Sohlman
09.55-10.00	Quick poster presentation	
10.00-10.30	**Posters Mingle with Coffee**	
10.30-11.15	**Oral Presentations**	
	Recovery during the first year after femoral neck fracture is a complex and non-linear journey: a longitudinal qualitative study	Erika Olofsson
	Temperature sensitivity of Xenopsylla fleas and plague spread in rodent reservoirs	Robert Garvey
	Atypical take-off strategies during one-leg vertical hop following reconstruction of the anterior cruciate ligament	Sanna Mikko
11.15-12.00	**Keynote speaker:** Uncertainties, Knowing and Cognitive Surrender	Lars Larsson
12.00-13.10	**LUNCH**	
13.10-13.55	**Keynote speaker:** Try, Adjust, Repeat: Experiments in Writing - Develop your own repertoire of writing strategies	Annika Bindler
13.55-14.15	**Posters Mingle with sparkling**	
14.15-15.00	**Oral Presentations**	
	Intersecting Trajectories of Food Insecurity and Social Network Vulnerability Across Mid- and Later Life: Associations with Health and Healthcare Utilization in Indonesia	Yosephin Pranoto
	Navigating Fragmented Pathways to Diagnosis and Treatment After a Positive Cervical Cancer Screening Result:	Carla Huanca Challgua

	Women's Experiences, Barriers and Strategies in Cochabamba, Bolivia	
	Synthetic Data Augmentation for Prediction of fear of reinjury following injury of the anterior cruciate ligament	Roya Ghasemigarjan
15.00-15.30	**Awards & Closing Ceremony**	

Poster presentations

No	Title	Presenter
1.	Precision mapping of municipal-level overweight and obesity among pregnant women in Sweden: a register-based study over two decades	Fethi Mohammed Yusuf
2.	A rough path for survival with the cost of lifelong scars - experiences of being cared for under compulsory care in general psychiatric inpatient care among adults with anorexia nervosa.	Camilla Holmgren
3.	From statutory right to everyday practice: An observational study of how staff organise daily activities in child and adolescent psychiatric inpatient care	Elina Molin
4.	Understanding Physical Activity Engagement in the older population including persons from underserved groups in the community: A qualitative study using the COM-B framework	Sofia Eriksson
5.	Feasibility of HIFE+cog: a High-Intensity Functional Exercise program incorporating cognitive tasks, for older people at risk of falls	Julia Hallin

For those living outside Umeå and are unable to join us in person, a Zoom link can be provided upon request through your representative from the institution.